

LUNCH MENU

Served 12pm - 3pm everyday

Sandwiches £4.50

All served on thick sliced white or brown bread and served with side salad and crisps

Honey roast ham and tomato

Egg mayonnaise and spring onion (v)

Tuna and sweetcorn mayonnaise

Cheese and branston pickle (v)

Gourmet Sandwiches £5.25

All served with salad and crisps

Mozzarella, cheddar, tomato and pesto baguette (v)

Duck, spring onion, cucumber and hoi sin wrap

Home roasted gammon, tomato and Sussex beer mustard served in sourdough bread

Burgers

The South Coast ¼ Pounder £7.95
Homemade beef burger served with chips and side salad in a sourdough bun

The South Coast Chicken Burger £7.95
A breast of chicken served with chips and a side salad in a sourdough bun

Add one of these tasty toppings 95p each
Bacon, blue cheese (v) or beef chilli

Salads

Classic Caesar £5.50

Baby gem leaves, dressed in Caesar dressing with anchovies, croutons, shaved parmesan and boiled egg

Salmon Nicoise £7.25

Poached fillet of salmon served on a base of new potatoes, olives, green beans, croutons, salad leaves and a boiled egg all dressed in a French dressing

Cajun Chicken Salad £6.95

Cajun spiced chicken breast sat on a mixed leaf, tomato, cucumber and red onion salad drizzled with mint yoghurt dressing

Soup £4.95

Homemade soup of the day with a warm petit pain

Sides £1.95

Add a bowl of chips (v)

Children's lunch £2.95

Choice of ham or cheese sandwich with carrot and cucumber sticks, a piece of fruit and a mini chocolate muffin

Allergies – We understand that our guests may be concerned about the presence of nuts, seeds or other allergens in our food. To help put your mind at ease our team are happy to answer any questions that you may have so please don't hesitate to ask us.

(v) – These meals do not contain meat or fish. Fish dishes may contain small bones. Some products may contain nuts, please seek advice from a team member. All weights quoted are approximate before cooking. All items on this menu are subject to availability and prices include VAT at the current rate. To the best of our knowledge, none of the foods we sell on our menus contain GM soya or maize ingredients. We will endeavour to serve your meal quickly but when the restaurant is very busy your food may take a little longer to prepare. We hope you enjoy your visit and welcome any comments you have concerning our food and drink. You can pay for your meal and drinks by cash, credit card, or if you are staying in any of our hotels you can charge it directly to your room. We accept Mastercard, Visa, Maestro and Delta as card payments, and also offer cashback on selected cards. Minimum transaction applies, please ask for details.